

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2022

Inspirations Activity Calendar

					<p>9:30 Morning Movement 1 10:30 Hydration 11:30 Lunch Outing to Rumba! 12:00 Hand Care/Lunch 1:45 The Carol Burnett Show 3:00 Short Story Telling 5:00 Dinner</p> <p><small>Fools' Day</small></p>	<p>9:30 Chair Tai Chi Video 2 10:30 Hydration 11:00 Rat Pack Music 12:00 Hand Care/Lunch 2:00 Noodle Ball! 3:00 Snack Break 5:00 Dinner</p> <p><small>Ramadan Begins</small></p>
<p>9:30 Walk by the Pond 3 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 What's New? 3:00 Sunday Funday! Entertainment by Brigitte in the Lobby 5:00 Dinner</p>	<p>9:30 Let's Dance! 4 10:30 Trivia Game 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Let's Bake Cookies 3:00 Remember When.. 5:00 Dinner</p>	<p>9:30 Morning Movement 5 10:00 Hydration 11:30 Brain Teasers 12:00 Hand Care/Lunch 2:00 Baking with Barbara and Dee! 3:00 One on One Activities 5:00 Dinner</p>	<p>9:30 Guitar Music with David! 6 10:30 Coffee and Chit Chat 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Dying Easter Eggs! 3:30 Name that Tune 5:00 Dinner</p>	<p>9:30 Morning Walk 7 10:30 Hydration 11:00 Short Stories 12:00 Hand Care/Lunch 2:00 Yoga with Natalie 3:00 Hydration Pass 5:00 Dinner</p>	<p>9:30 Exercise Class 8 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 3-5 Easter Egg Hunt and Photos with the Easter Bunny! – Lobby/Bistro 3:00 Short Story Telling 5:00 Dinner</p>	<p>9:30 Relaxation Music 9 10:30 Gilligan's Island 12:00 Hand Care/Lunch 2:00 Exercise Class 2:30 Hydration Cart 3:00 Daily Chronicles 5:00 Dinner</p>
<p>9:30 Time to Move! 10 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 The Letter Game 3:00 Sunday Funday! Entertainment by Doug Karl in the Lobby 5:00 Dinner</p> <p><small>alm Sunday</small></p>	<p>9:30 Sit & Be Fit 11 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Easter Dessert Baking! 3:00 Trivia Game 5:00 Dinner</p>	<p>9:30 Morning Stretch 12 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bowling Tournament 3:00 Iced Tea & Lemonade on the Patio 5:00 Dinner</p>	<p>9:30 Exercise with Dee 13 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 2:00 Easter Craft 3:30 Best of Dean Martin 5:00 Dinner</p>	<p>9:30 Exercise Time 14 10:30 Ball Bounce 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Trivia Game 3:00 Movie Matinee 5:00 Dinner</p>	<p>9:30 Morning Trivia and Brain Teasers 15 10:45 Lunch Outing at the Park! 12:00 Hand Care/Lunch 2:00 Exercise Class 3:00 Rat Pack Concert 5:00 Dinner</p> <p><i>Happy Birthday Doug W!</i> <small>Good Friday Passover Begins</small></p>	<p>9:30 Chair Yoga Class 16 10:30 Hydration 11:00 Best of Dean Martin 12:00 Hand Care/Lunch 2:00 Cookies & Coffee 3:00 Sing a Long with the Hits 5:00 Dinner</p>
<p><i>Happy Easter!</i> 17 9:30 Morning Stretch 10:00 I Love Lucy 11:30 Easter Brunch 11:00 Daily Chronicles 12:00 Hand Care/Lunch 2:30 Popcorn & a Movie 5:00 Dinner</p> <p><small>Easter Sunday</small></p>	<p>9:30 Exercise Class 18 10:30 Hydration 11:00 Good News! 12:00 Hand Care/Lunch 1:45 Get Some Fresh Air 3:00 Nail Painting 5:00 Dinner</p> <p><i>Happy Birthday Anita !!</i></p>	<p>9:30 Wake Up & Dance 19 10:30 Hydration 11:00 White Board Games 12:00 Hand Care/Lunch 2:00 Gardening Group 3:00 Ice Cream Sundaes 5:00 Dinner</p>	<p>9:30 Guitar Music with David! 20 10:30 White Board Games 11:30 Daily Chronicles 12:00 Hand Care/Lunch 2:00 Noodle Ball! 3:00 Popsicle Pass 5:00 Dinner</p>	<p>9:30 Let's Get Moving 21 10:30 Hydration 11:00 Our Favorite Foods 12:00 Hand Care/Lunch 2:00 Yoga with Natalie 3:00 Hydration Pass 5:00 Dinner</p>	<p>9:30 Morning Stretch 22 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch - Afternoon Outing to the Movies! 3:30 Dean Martin Show 5:00 Dinner</p> <p><small>Earth Day</small></p>	<p>9:30 Exercise Video 23 10:30 Hydration 11:00 I Dream of Jeannie 12:00 Hand Care/Lunch 2:00 Coloring Pages 3:00 Snack Break 5:00 Dinner</p>
<p>9:30 Morning Exercise 24 10:30 Hydration 11:00 Good News! 12:00 Hand Care/Lunch 1:45 Ring Toss Game 3:00 Sunday Funday! Entertainment by Carla Hines in the Lobby 5:00 Dinner</p>	<p>9:30 Chair Dance Class 25 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Let's Bake Cookies 3:00 Jewelry Making 5:00 Dinner</p>	<p>9:30 Sit & Be Fit 26 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bowling Tournament 3:00 Root Beer Floats! 5:00 Dinner</p>	<p>9:30 Morning Movement 27 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 2:00 Cooking Class 3:30 Brain Teasers 5:00 Dinner</p>	<p>9:30 Chair Yoga Video 28 10:30 Hydration 11:00 The Lawrence Welk Show 12:00 Hand Care/Lunch 2:00 Popsicles on the Patio 3:00 Movie Matinee 5:00 Dinner</p>	<p>9:30 Exercise Class 29 10:30 Hydration 11:00 Good News! 12:00 Hand Care/Lunch 1:45 Outing to Downtown Dunedin! 3:00 Ice Cream Treats 5:00 Dinner</p> <p><small>Arbor Day</small></p>	<p>9:30 Chair Dance Video 30 10:30 Hydration 11:00 Favorite 50's Songs 12:00 Hand Care/Lunch 2:00 Exercise Class 2:30 Hydration Cart 3:00 Daily Chronicles 5:00 Dinner</p> <p><i>Happy Birthday Pete F!</i></p>