

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Walk by the Pond 1 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 What's New? 3:00 Sunday Funday! Entertainment by Carla Hines in the Lobby 5:00 Dinner <small>May Day</small>	9:30 Chair Yoga Class 2 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Dominoes Game 3:00 Name that Tune! 5:00 Dinner	9:30 Sit & Be Fit 3 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Baking Class 3:00 Lemonade on the Patio 5:00 Dinner	9:30 Guitar Music with 4 David! 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Outside Games 3:00 Popsicle Pass 5:00 Dinner	<i>Cinco de Mayo!</i> 5 9:30 Morning Music 10:30 Seated Exercise Video 11:00 Hydration 12:00 Hand Care/Lunch 1:45 I Love Lucy 3:00 Cinco de Mayo Party! 5:00 Dinner <small>Cinco de Mayo</small>	9:30 Lets Get Moving 6 10:45 Lunch Outing to Umberto's! 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:00 Best of Dean Martin 5:00 Dinner	9:30 Exercise Video 7 10:30 Hydration 11:00 Planet Earth 12:00 Hand Care/Lunch 2:00 Kentucky Derby Party! 3:00 Movie Matinee 5:00 Dinner
<i>Happy Mother's Day!</i> 8 9:30 Morning Movement 11:30 Mother's Day Brunch 2:00 Mother's Day Tea Social 3:00 Movie Matinee 5:00 Dinner <small>Mother's Day</small>	9:30 Morning Stretch 9 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bingo! 3:00 Bowling Game! 5:00 Dinner	9:30 Lets Dance! 10 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Nail Painting 3:00 Lets Make Some Music! 5:00 Dinner	9:30 Exercise Class 11 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Gardening Group 3:00 Fresh Fruit Smoothies 5:00 Dinner	9:30 Chair Yoga Video 12 10:30 Hydration 11:00 I Dream of Jeannie 12:00 Hand Care/Lunch 2:00 Snack Break 3:00 5:00 Dinner <i>Happy Birthday Gloria!</i>	9:30 Wake up & Move! 13 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Outing to Ceramic Painting Class! 3:00 Popsicle Pass 5:00 Dinner	9:30 Sit & Be Fit Video 14 10:30 Hydration 11:00 50s Hits! 12:00 Hand Care/Lunch 2:00 Funniest Home Videos 3:00 Snack Break 5:00 Dinner
9:30 Trivia Game 15 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 White Board Games 3:00 Sunday Funday! Piano Music by Linda in the Lobby 5:00 Dinner	9:30 Lets Dance! 16 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Finish the Phrase 3:00 Cookies and Coffee 5:00 Dinner	9:30 Sit & Be Fit 17 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Baking Class 3:00 Trivia Game 5:00 Dinner	9:30 Guitar Music with 8 David! 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bingo! 3:00 Snack Break 5:00 Dinner	9:30 Exercise Class 19 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 2:00 Yoga with Natalie 3:00 Popsicle Pass 5:00 Dinner <i>Happy Birthday Anita K!</i>	9:30 Stretch with Dee! 20 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Friday Outing! 3:00 Popcorn and a Movie 5:00 Dinner	9:30 Seated Tai Chi 21 Video 10:30 Hydration 11:00 I Dream of Jeannie 12:00 Hand Care/Lunch 2:00 Coloring Pages 3:00 Snack Break 5:00 Dinner <small>Armed Forces Day</small>
9:30 Morning Chit Chat 22 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bean Bag Toss Game 3:00 Sunday Funday! Entertainment by Les in the Lobby 5:00 Dinner	9:30 Chair Yoga 23 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Bingo! 3:00 Snack Break 5:00 Dinner <small>Victoria Day (Canada)</small>	9:30 Move to Music 24 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Outside Games 3:00 Name that Tune! 5:00 Dinner	9:30 Sit & Be Fit 25 10:30 Hydration 11:00 Good News! 12:00 Hand Care/Lunch 1:45 Gardening Group 3:00 Lets Make Milkshakes! 5:00 Dinner	9:30 Morning Exercise 26 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 2:00 Ice Cream Sundaes! 3:00 Rat Pack Concert Videos 5:00 Dinner	9:30 Wake up & Stretch 27 10:45 Lunch Outing! 12:00 Hand Care/Lunch 2:00 Sing our Favorite Songs 3:00 Noodle Ball! 5:00 Dinner <i>Happy Birthday Deb W!</i>	9:30 Chair Dancing Video 28 10:30 Hydration 11:00 I Dream of Jeannie 12:00 Hand Care/Lunch 2:00 Coloring Pages 3:00 Snack Break 5:00 Dinner
9:30 Sit & Be Fit 29 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 White Board Games 3:00 Sunday Funday! Entertainment by Louie Bravo in the Lobby 5:00 Dinner	<i>Memorial Day!</i> 30 9:30 Morning Exercise 10:30 Hydration 11:00 Holiday Trivia 12:00 Hand Care/Lunch 1:30 Memorial Day Desserts & Social by the Pond 2:45 Movie Matinee 5:00 Dinner <small>Memorial Day</small>	9:30 Chair Tai Chi 31 10:30 Hydration 11:00 Short Stories 12:00 Hand Care/Lunch 1:45 Baking Class 3:00 Remember When.. 5:00 Dinner				