

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2022

<p>9:30 Walk by the Pond 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Famous Movie Quotes <b>3:00 Sunday Funday!</b> <b>Entertainment by Les in the Lobby</b> 5:00 Dinner</p>	<p><i>Happy 4<sup>th</sup> of July!</i> 9:30 Morning Exercise 10:00 Hydration 10:30 Holiday Trivia 12:00 Hand Care/Lunch 1:45 Patriotic Songs <b>3:00 4<sup>th</sup> of July Party!</b> 5:00 Dinner <small>Independence Day (US)</small></p>	<p>8:45 Catholic Communion 9:30 Morning Exercise <b>10:00 Nails with Connie!</b> 11:00 Trivia Game 12:00 Hand Care/Lunch 1:45 Garden Group! 3:00 Snack Break 5:00 Dinner</p>	<p><b>9:30 Guitar Music with David!</b> 10:30 Finish the Phrase 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Sit &amp; Be Fit! 3:00 "Name 10" Game 5:00 Dinner</p>	<p>9:30 Ball Bounce Game 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch <b>2:00 Yoga with Natalie!</b> 3:00 Snack Break 5:00 Dinner</p>	<p>9:30 Get Up &amp; Go! 10:30 Hydration 11:00 Bean Bag Toss 12:00 Hand Care/Lunch <b>1:30 Outing to Jillybean's Ice Cream!</b> 3:00 Remember When.. 5:00 Dinner <small>Canada Day</small></p>	<p>9:30 Classic Hits 10:30 Sit &amp; Be Fit! 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Popsicle Pass 3:30 Noodle Ball! 5:00 Dinner</p>
<p>9:30 Sit &amp; Be Fit 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Name that Tune <b>3:00 Sunday Funday! Piano Music by Linda in the Lobby</b> 5:00 Dinner</p>	<p>9:30 Let's Get Moving! 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 BINGO 3:00 Popsicle Pass 5:00 Dinner</p>	<p>8:45 Catholic Communion 9:30 Daily News with Dee <b>10:00 Nails with Connie!</b> 11:00 Ring Toss Game 12:00 Hand Care/Lunch 1:45 Garden Group! 3:00 Colorful Drawings 5:00 Dinner</p>	<p>9:30 Let's Dance! 10:30 Hydration 11:00 Good News 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:00 Fun &amp; Games 5:00 Dinner</p>	<p>9:30 Morning Music 10:30 Movie Matinee &amp; Snack 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:30 I Love Lucy 5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit 10:30 Hydration 11:00 Current Events 12:00 Hand Care/Lunch <b>1:45 Outing to the Movies! "Mrs. Harris Goes to Paris"</b> 2:00 Movie Matinee 5:00 Dinner</p>	<p>9:30 Relaxation Music 10:30 Seated Yoga Video 11:00 Hydration 12:00 Hand Care/Lunch 1:30 Best of Dean Martin <b>2:30 Celebrate Louise's Birthday!</b> 5:00 Dinner <i>Happy Birthday Louise M!</i></p>
<p>9:30 Exercise Class 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 White Board Games <b>3:00 Sunday Funday! Motown Music by Carla in the Lobby</b> 5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit 10:30 Hydration 11:00 Good News 12:00 Hand Care/Lunch 1:45 Bowling Game! 3:00 Remember When.. 5:00 Dinner</p>	<p>8:45 Catholic Communion 9:30 Morning Movement <b>10:00 Nails with Connie!</b> 11:00 Hydration 12:00 Hand Care/Lunch <b>2:00 Seated Cardio Class with Natalie!</b> 3:00 Garden Group! 5:00 Dinner</p>	<p><b>9:30 Guitar Music with David!</b> 10:30 The Letter Game 11:00 Hydration 12:00 Hand Care/Lunch 1:45 BINGO <b>3:00 Celebrate Eileen's Birthday!</b> 5:00 Dinner <i>Happy Birthday Eileen B!</i></p>	<p>9:30 50's Music Favorites 10:30 Seated Tai Chi Video 11:00 Daily Chronicles 12:00 Hand Care/Lunch <b>2:00 Yoga with Natalie!</b> 3:00 Rat Pack Concert Video 5:00 Dinner</p>	<p>9:30 Morning Music <b>10:00 Outing to Honeymoon Island!</b> 10:30 Movie Matinee 12:00 Hand Care/Lunch 1:45 Ice Cream Sundaes! 3:00 Bowling Game! 5:00 Dinner</p>	<p>9:30 Dean Martin Celebrity Roasts 10:30 Sit &amp; Be Fit Video 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Sing a Long 3:00 Musical and Popcorn 5:00 Dinner</p>
<p>9:30 Let's Dance! 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Trivia Game <b>3:00 Sunday Funday!</b> <b>Entertainment by Les in the Lobby</b> 5:00 Dinner</p>	<p>9:30 Noodle Ball! 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Craft Time 3:00 Root Beer Floats! 5:00 Dinner</p>	<p>8:45 Catholic Communion 9:30 Morning Exercise <b>10:00 Nails with Connie!</b> 11:00 The Good Old Days 12:00 Hand Care/Lunch 1:45 Garden Group! 3:00 BINGO 5:00 Dinner</p>	<p>9:30 Walk by the Pond 10:30 Seated Dance Video 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Fresh Fruit Smoothies 3:00 Dominoes Game 5:00 Dinner</p>	<p>9:30 Relaxation Music 10:30 Seated Yoga Video 11:00 Hydration 12:00 Hand Care/Lunch 1:30 Gilligan's Island <b>2:30 Celebrate Barbara's Birthday!</b> 5:00 Dinner <i>Happy Birthday Barbara Z!</i></p>	<p>9:30 Sit &amp; Be Fit 10:30 Hydration 11:00 Trivia Game 12:00 Hand Care/Lunch <b>1:30 Outing to Suncoast Primate Sanctuary!</b> 3:00 Movie Matinee 5:00 Dinner</p>	<p>9:30 Morning Music 10:30 Let's Get Moving 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Funniest Home Videos 3:30 Snack Break! 5:00 Dinner</p>
<p>9:30 Seated Yoga Class 10:30 Hydration 11:00 Daily Chronicles 12:00 Hand Care/Lunch 1:45 Ring Toss Game <b>3:00 Sunday Funday!</b> <b>Entertainment by Doug Karl in the Lobby</b> 5:00 Dinner</p>	<p><i>Inspirations Activity Calendar</i></p>					