

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Inspirations Activity Calendar

<p>9:30 Sunday Session with Dee! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Afternoon Exercise 3:00 Sunday Funday! Music by Les 5:00 Dinner</p>	<p>9:30 Remember When. 10:30 Whiteboard Games 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Bowling Game! 3:00 Popsicle Pass 5:00 Dinner</p>	<p>9:30 Let's Dance! 10:30 The Letter Game 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Arts & Crafts 3:00 Connect TV Picture Albums 5:00 Dinner</p>	<p>9:30 Guitar Music with David! 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Let's Make Music 3:30 Dean Martin Variety Show 5:00 Dinner</p>	<p>9:30 Groundhog Day Trivia 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Inspirations Picture Day! Photoshoots for the Residents 5:00 Dinner <small>Groundhog Day</small></p>	<p>9:30 Connect TV Trivia 10:30 Snack Break 11:00 Lunch Outing to Umberto's Pizza 12:00 Hand Care/Lunch 1:45 I Dream of Jeannie 3:00 Noodle Ball! 5:00 Dinner</p>	<p>9:30 Morning Music 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Celebrate John's Birthday! 5:00 Dinner <i>Happy Birthday John O!</i></p>
<p>9:30 Sunday Session with Dee! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Afternoon Exercise 3:00 Sunday Funday! Music by Les 5:00 Dinner</p>	<p>9:30 Remember When. 10:30 Whiteboard Games 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Bowling Game! 3:00 Popsicle Pass 5:00 Dinner</p>	<p>9:30 Let's Dance! 10:30 The Letter Game 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Arts & Crafts 3:00 Connect TV Picture Albums 5:00 Dinner</p>	<p>9:30 Morning Chat 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Music and Drinks on the Patio 3:30 Colorful Drawings 5:00 Dinner</p>	<p>9:30 Classical Music 10:30 Catch Up with Dee 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:30 Word Scramble 5:00 Dinner</p>	<p>9:30 Name Ten 10:30 Daily Chronicles 11:00 Picnic and Cornhole at Philippe Park! 12:00 Hand Care/Lunch 1:45 Afternoon Movie & Popcorn 3:30 Trivia Game 5:00 Dinner</p>	<p>9:30 Favorite Songs 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Relaxation Time 5:00 Dinner</p>
<p>9:30 Sunday Session with Dee! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Football Talk! 3:00 Sunday Funday! Music by Ro Cube 5:00 Dinner 7:00 Super Bowl Watch Party!</p>	<p>9:30 Let's Dance! 10:30 Good News 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Be My Valentine! 3:00 I Love Lucy 5:00 Dinner</p>	<p><i>Happy Valentine's Day!</i> 9:30 Cupid's Questions 10:30 Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Favorite Love Songs 3:00 Valentine's Day Ice Cream Sundaes! 5:00 Dinner <small>Valentine's Day</small></p>	<p>9:30 Guitar Music with David! 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Bingo! 3:00 Word Scramble 5:00 Dinner</p>	<p>9:30 The Letter Game 10:30 Good News 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Yoga with Natalie! 3:00 Let's Make Music 5:00 Dinner</p>	<p>9:30 Connect TV Games! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Ice Cream Outing to Jillybean's! 3:00 Celebrate Barbara's Birthday 5:00 Dinner <i>Happy Birthday Barbara H!</i></p>	<p>9:30 Dean Martin Hits 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Fruit Smoothies 5:00 Dinner</p>
<p>9:30 Sunday Session with Dee! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Whiteboard Games 3:00 Sunday Funday! Music by Mark West 5:00 Dinner</p>	<p><i>Presidents' Day!</i> 9:30 US History Lesson 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Arts & Crafts 3:00 Sit & Be Fit 5:00 Dinner <small>Presidents' Day</small></p>	<p><i>Mardi Gras!</i> 9:30 Mardi Gras Trivia 10:30 Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Bingo! 3:00 Mardi Gras Party! 5:00 Dinner <small>Mardi Gras</small></p>	<p>9:30 Word Games 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Cornhole Game! 3:00 Colorful Drawings 5:00 Dinner <small>Ash Wednesday</small></p>	<p>9:30 Remember When.. 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:30 Happy Hour with Entertainment by Chuck & Marella! 5:00 Dinner</p>	<p>9:30 Morning Yoga 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Afternoon Outing! 3:00 Test Our Knowledge 5:00 Dinner</p>	<p>9:30 Rock n' Roll Music 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Spa/Nail Care 5:00 Dinner</p>
<p>9:30 Sunday Session with Dee! 10:30 Daily Chronicles & Snack Break 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Trivia Game 3:00 Sunday Funday! Music by Doug Karl 5:00 Dinner</p>	<p>9:30 Let's Dance! 10:30 Good News 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Afternoon Exercise 3:00 Arts & Crafts 5:00 Dinner</p>	<p>9:30 Catch Up Time 10:30 Kazoo Practice! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Bowling Game 3:00 Ice Cream Bars! 5:00 Dinner</p>	<h1>February 2023</h1>			