

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Inspirations Activity Calendar

<p>9:30 Daily Chronicles &amp; Sunday Session 10:30 Morning Snack/ Hydration 12:00 Hand Care/Lunch 1:45 Music Therapy <b>3:00 Sunday Funday with Entertainment by LA Beam!</b> 5:00 Dinner</p>	<p>9:30 Whiteboard Games 10:30 Morning Snack &amp; Hydration 12:00 Hand Care/Lunch 1:45 Bowling Game! 3:00 Musical Movie "South Pacific" 5:00 Dinner <small>Purim Begins</small></p>	<p>9:30 Arm Chair Yoga 10:30 Morning Music 11:00 Hydration &amp; Snacks 12:00 Hand Care/Lunch 1:45 Scarf Dancing! 3:00 YouTube Concerts 5:00 Dinner</p>	<p><b>9:30 Guitar Music with David!</b> 10:30 Swimming Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Daily Chronicles 2:30 Music Reminiscence 5:00 Dinner</p>	<p>9:30 Fireplace Chat 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Cornhole Game 2:45 Afternoon Snack &amp; Hydration 5:00 Dinner</p>	<p>9:30 Morning Movement 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch <b>1:45 Outing to the Movies!</b> 2:00 Noodle Ball! 3:00 Snack Break 5:00 Dinner</p>	<p>9:30 Relaxation Music 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Lemonade on the Patio 5:00 Dinner</p>
<p>9:30 Sunday Session with D! 10:30 Music &amp; Movement 11:00 Hydration 12:00 Hand Care/Lunch 1:45 The Letter Game <b>3:00 Sunday Funday with Entertainment by Carla Hines!</b> 5:00 Dinner <small>Daylight Saving Time Begins</small></p>	<p>9:30 St Paddy's Day Decorations 11:00 Hydration &amp; Snacks 12:00 Hand Care/Lunch 1:45 Holiday Painting Class 3:30 Popsicle Pass 5:00 Dinner</p>	<p>9:30 50's Music Favorites 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Virtual Tour of Ireland 3:00 Mix &amp; Mingle Happy Hour 5:00 Dinner</p>	<p><b>9:30 Guitar Music with David!</b> 10:30 Swimming Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:00 Afternoon Hydration &amp; Snacks 5:00 Dinner</p>	<p>9:30 Dance Party! 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Name 10 Game 2:45 Movie Matinee: "Out of Africa" 5:00 Dinner</p>	<p>9:30 I Love Lucy 10:30 Hydration <b>11:00 Lunch Outing at O'Keefe's!</b> 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:00 Snack Break 5:00 Dinner</p>	<p>9:30 Dean Martin Hits 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Fresh Fruit Smoothies 5:00 Dinner</p>
<p>9:30 Daily Chronicles &amp; Sunday Session 10:30 Morning Snack/ Hydration 12:00 Hand Care/Lunch 1:45 Music Therapy <b>3:00 Sunday Funday with Entertainment by LA Beam!</b> 5:00 Dinner</p>	<p>9:30 St Paddy's Day Decorations 11:00 Hydration &amp; Snacks 12:00 Hand Care/Lunch 1:45 Holiday Painting Class 3:30 Popsicle Pass 5:00 Dinner</p>	<p>9:30 50's Music Favorites 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Virtual Tour of Ireland 3:00 Mix &amp; Mingle Happy Hour 5:00 Dinner</p>	<p><b>9:30 Guitar Music with David!</b> 10:30 Swimming Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Group Social with Afternoon Snacks 3:00 The Letter Game 5:00 Dinner</p>	<p>9:30 Brain Teasers 10:30 Daily Chronicles 11:00 Hydration 12:00 Hand Care/Lunch <b>2:00 Yoga with Natalie!</b> 3:00 A Taste of Ireland! 5:00 Dinner</p>	<p><i>Happy St Patrick's Day!</i> 9:30 Daily Chronicles <b>10:30 Bagpipe Performance on the Patio!</b> 12:00 St Paddy's Day Lunch 1:45 Celebrate Rosalie's Birthday! <b>3:00 Beer Tasting Event!</b> 5:00 Dinner <i>Happy Birthday Rosalie D!</i> <small>St. Patrick's Day</small></p>	<p>9:30 Favorite Love Songs 10:30 Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Lemonade on the Patio 5:00 Dinner</p>
<p>9:30 Fireplace Chat 10:30 Word Scramble 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Noodle Ball! <b>3:00 Sunday Funday with Musical Entertainment!</b> 5:00 Dinner</p>	<p>9:30 Morning Walk by the Pond 10:30 Hydration &amp; Morning Snacks 12:00 Hand Care/Lunch 1:45 BINGO! 3:00 Let's Get Moving 5:00 Dinner <small>Spring Begins</small></p>	<p>9:30 Daily Chronicles 10:00 Dramatic Readings: Fairy Tales! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 BINGO! 3:00 Afternoon Hydration &amp; Snacks 5:00 Dinner</p>	<p>9:30 Daily Chronicles 10:30 Swimming Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 2:00 Ice Cream Sundaes! 3:00 Trivia Game 5:00 Dinner <small>Ramadan Begins</small></p>	<p>9:30 Arm Chair Yoga 10:00 Whiteboard Games 11:00 Hydration 12:00 Hand Care/Lunch <b>2:30 Soccer Collies: Dog Soccer Game!</b> 3:30 Hydration Pass 5:00 Dinner</p>	<p>9:30 Morning Music 10:30 I Love Lucy <b>11:00 Pizza Pool Party!</b> 12:00 Hand Care/Lunch 1:45 Connect TV Trivia 3:00 Popcorn &amp; A Movie 5:00 Dinner</p>	<p>9:30 Rat Pack Classics 10:30 Exercise Class! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Garden Group Project 3:00 Fresh Fruit Smoothies 5:00 Dinner</p>
<p>9:30 Sunday Session with D! 10:30 Brain Teasers 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Sit &amp; Be Fit <b>3:00 Sunday Funday with Entertainment by Carmelo!</b> 5:00 Dinner</p>	<p>9:30 Daily Chronicles 10:30 Trivia Game 11:00 Hydration 12:00 Hand Care/Lunch 1:45 50's Music Dance Party! 3:00 Popsicles on the Patio 5:00 Dinner</p>	<p>9:30 Jewelry Experience 10:30 White Board Games 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Ring Toss 3:00 Hydration &amp; Snacks 5:00 Dinner</p>	<p>9:30 Daily Chronicles 10:30 Swimming Exercise with Joe! 11:00 Hydration 12:00 Hand Care/Lunch 1:45 Cooking Class! 3:30 Dance Party! 5:00 Dinner</p>	<p>9:30 Remember When.. 10:30 Trivia Game 11:00 Hydration 12:00 Hand Care/Lunch 1:45 BINGO! <b>3:30 Happy Hour on the Patio with Entertainment by Jerry Simmerer!</b> 5:00 Dinner</p>	<p>9:30 Frank Sinatra Songs 10:30 Photo Album Viewing <b>10:45 Picnic &amp; Games at Philippe Park!</b> 12:00 Hand Care/Lunch 1:45 Noodle Ball! 3:00 Hydration &amp; Afternoon Snacks 5:00 Dinner</p>	