| 150 |   |  |  |  |  | A CLANKIN WALLAND  |  |  |
|-----|---|--|--|--|--|--|--|--|
|     | Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |  |
|     |   | 9:30 Rose Bowl Parade! 10:30 New Year Trivia and Snacks 12:00 New Year Day Luncheon 1:45 Our New Year Resolutions! 3:00 Sugar Bowl & Rose Bowl Football Games! | 9:30 Morning Dance! 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 1:45 Daily Chronicles 2:30 Watercolor Landscapes & Suncatchers                               | 9:30 Guitar Music with 3<br>David!<br>10:30 Snacks &<br>Hydration<br>12:00 Hand Care/ Lunch<br>1:45 Noodle Ball!<br>3:00 Afternoon Refresh<br>5:00 Dinner                            | 9:30 Morning Session 4 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 1:45 Daily Chronicles 3:00 Month of December Photo Video! 5:00 Dinner | 10:30 Snacks & Hydration<br>12:00 Hand Care/ Lunch<br>1:30 Outing to the<br>Tampa Museum of Art!<br>3:00 Yoga Class with<br>Natalie!                         | 9:30 Sing a Long to Our 6 Favorites! 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 2:00 Arts & Crafts 3:00 Garden Group! 5:00 Dinner                   |  |
|     | 9:30 Sunday Classical 7 Music 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 2:00 White Board Games 3:00 Sunday Funday with Entertainment by Carmelo! 5:00 Dinner                    | 9:30 Morning Walk! 8 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 1:45 Classic Fairytales 3:00 Green Eggs & Ham! 5:00 Dinner                                | 9:30 Morning Session with<br>D!<br>10:30 Snacks & Hydration<br>12:00 Hand Care/ Lunch<br>2:00 High Tea Social<br>3:30 Favorite Classical<br>Songs<br>5:00 Dinner | Hydration<br>12:00 Hand Care/ Lunch<br>1:45 Bean Bag Toss<br>Game!   | 9:30 Current Events 11 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 1:45 Daily Chronicles 2:30"Sound of Music" & Popcorn! 5:00 Dinner     | 9:30 Relaxation Music12<br>11:00 Lunch Outing to<br>Umberto's Pizza!<br>12:00 Hand Care/ Lunch<br>2:00 Colorful Drawings<br>3:00 Noodle Ball!<br>5:00 Dinner | 9:30 Zinna TV Videos 13 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 2:00 Art from the Heart with Carmen! 3:00 Garden Group! 5:00 Dinner              |  |
|     | 9:30 Morning Music 14 Review! 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 2:00 Brain Teaser Trivia 3:00 Sunday Funday with Entertainment by Rick Davis! 5:00 Dinner               | 9:30 Daily Chronicles<br>10:30 Snacks &<br>Hydration<br>12:00 Hand Care/ Lunch<br>1:45 Washer Toss Game  | 9:30 White Board Games 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 2:00 Celebrate Theresa's Birthday! 3:00 Entertainment with Mr. Fun!                       | 9:30 Guitar Music with 17<br>David!<br>10:30 Snacks & Hydration<br>12:00 Hand Care/ Lunch<br>1:45 Daily Chronicles &<br>Current Events<br>3:00 BINGO<br>5:00 Dinner                  | Session! 10:30 Exercise with Joe!  | 10:30 Snacks & Hydation<br>12:00 Hand Care/ Lunch<br>Afternoon Outing to the   | 9:30 Morning Music 20 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 2:00 Celebrate Jim's Birthday! 3:00 Garden Group! 5:00 Dinner  Happy Birthday Jim! |  |
|     | 9:30 Sunday Session! 21 10:30 Trivia & Snacks 12:00 Hand Care/ Lunch 2:00 Word Scramble 3:00 Sunday Funday with Entertainment by Susan Dazel! 5:00 Dinner Activity Professionals Week | 9:30 Morning Walk Arour 22 the Pond 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 1:45 Celebrate KK & Paula's Birthdays! 3:00 Dance Party!                   | Communion 9:30 Daily Chronicles 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 1:45 Brain Games 3:00 Arts & Crafts!   | 9:30 Sing a Long Zinna <b>24</b> TV<br>10:30 Snacks & Hydration<br>12:00 Hand Care/ Lunch<br>1:45 Daily Chronicles<br><b>2:30 Our Favorite Board</b><br><b>Games!</b><br>5:00 Dinner | 10:30 Exercise with Joe!   | 10:00 Outing to the Aquarium & Picnic Lunch! 12:00 Hand Care/ Lunch 2:00 Colorful Drawings 3:00 Exercise with Joe!   | 9:30 Dean Martin 27 Classics 10:30 Exercise with Joe! 12:00 Hand Care/ Lunch 2:00 Arts & Crafts 3:00 Garden Group! 5:00 Dinner                           |  |
| 1   | 10:30 Snacks & Hydration<br>12:00 Hand Care/ Lunch<br>2:00 Remember When<br>3:00 Sunday Funday with<br>Entertainment by the<br>International Chorale!                                 | Class 10:30 Snacks & Hydration 12:00 Hand Care/ Lunch 1:45 BINGO 3:00 Chips & Salsa Snack  | 9:30 Daily Chronicles<br>10:30 Trivia & Snacks<br>12:00 Hand Care/ Lunch<br>1:45 Word Scramble<br>3:00 Happy Hour with<br>Music by Les Weiss!                    | 9:30 Daily Chronicles <b>31</b><br>10:30 Brain Teasers<br>12:00 Hand Care/ Lunch<br>1:45 Intro to Card<br>Games<br><b>3:00 Bridge Group!</b><br>5:00 Dinner                          | Jani   | uary  ations Activity Co   |  |  |

Inspirations Activity Calendar

The Preserve at Clearwater. Activities are Subject to Change.