9:30 Morning Music 10:30 Water aerobics and/or June 2024 poolside fun with Joe 2:00 Art from the Heart with Carmen 3;00 Gardening club 4:00 Happy Hour 6:00 Evening Stroll 9:30 Daily Chronicle 9:30 Daily Chronicle 9:30 Daily Chronicle 9:30 Music w/David McAbee5 9:30 Daily Chronicle 6 9:30 Meet and Greet 7 9:30 Morning Music 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Water aerobics and/or 10:30 OUTING to Tarpon 10:30 Water aerobics and/or 11:00 White Board Games 11:00 Puzzle me! 11:00 Brain Teasers 11:00 Trivia poolside fun with Joe and D. **Springs Aquarium** poolside fun with Joe 1:30 Zinnia TV 1:30 Relaxation Videos Noon - Live Cooking DEMO 1:30 Relaxation Videos 1:30 Relaxation Videos 1:30 Relaxation Time 1:30 Relaxation/nail care 2:30 Birthday Celebration 2:30 Afternoon snacks 1:30 Travel time 2:30 Afternoon snacks 2:30 Afternoon snacks 2:30 Afternoon snacks 2:00 Afternoon social/snacks 3:00 Sunday Funday Music-L 2:30 Afternoon snacks 3:00 Arts and crafts 3;00 Gardening club 3:00 Artistic pursuits 3:00 Creative Expressions 3:00 Nail care 4:00 Noodle Ball 4:00 Scarf dancing 3:00 Music with Mr. FUN 4:00 Community connections 4:00 Happy Hour 4:00 Fun and games 4:00 Happy Hour Renee R.'s Birthday 6:30 Evening movie 4:00 Let's play ball! 6:30 Evening movie 6:30 Evening movie 6:30 Evening movies 6:00 Evening Stroll 15 9 9:30 Daily Chronicle 10 9:30 Daily Chronicle 12 9:30 Daily Chronicle 9:30 Daily Chronicle 13 9:30 Meet and Greet 14 9:30 Morning Music 9:30 Daily Chronicle 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Water aerobics and/or 10:30 Snacks & Hydration 10:30 Water aerobics and/or 11:00 Brain Teasers 11:00 White Board Games 11:00 Trivia 11:00 Puzzle me! poolside fun with Joe and D. 11:00 Patio Stroll poolside fun with Joe 2:00 OUTING to . . . 1:30 Zinnia TV 1:30 Relaxation Videos Noon - Live Cooking DEMO 1:30 Relaxation Videos 1:30 Relaxation Videos 2:00 Art from the Heart 2:30 Afternoon snacks 2:30 Afternoon snacks 1:30 Travel time 2:30 Afternoon snacks 2:30 Afternoon snacks **Sterling Wine Bar** with Carmen 3;00 Gardening club 3:00 Sunday Funday Music-L 3:00 Artistic pursuits 2:30 Afternoon snacks 3:00 Creative Expressions 3:00 Arts and crafts 4:30 Dinner Prep! 4:00 Noodle Ball 4:00 Scarf dancing 3:00 Painting class 4:00 Community connections | 6:30 Evening movie 4:00 Happy Hour 4:00 Fun and games 6:30 Sunday evening movie 6:30 Evening movie 4:00 Let's play ball! 6:30 Evening movie 6:30 Evening movie 6:00 Evening Stroll Flag Day (US) 17 9:30 Daily Chronicle 22 9:30 Daily Chronicle 16 9:30 Daily Chronicle 9:30 Music w/David McAbe 9:30 Daily Chronicle 20 9:30 Meet and Greet 21 9:30 Morning Music 10:30 Snacks & Hydration 10:30 Water aerobics and/or 10:30 Water aerobics and/or 11:00 Father's Day Trivia 11:00 White Board Games 11:00 Puzzle me! poolside fun with Joe and D. 11:00 Patio time poolside fun with Joe 11:00 Trivia 1:30 Zinnia TV 1:30 Relaxation Videos Noon - Live Cooking DEMO 1:30 Relaxation Videos 1:30 Relaxation Videos 1:30 OUTING to . . . 1:30 Relaxation/nail care 2:30 Afternoon snacks 2:30 Afternoon snacks 1:30 Travel time 2:30 Afternoon snacks 2:30 Afternoon snacks Jilly Bean's Ice cream 2:00 Afternoon social/snacks 3:00 Father's Day entertainer 2:30 Afternoon snacks 3:00 Music with Rick D. - L 3:00 Nail care 3;00 Gardening club 3:00 Artistic pursuits 3:00 Creative Expressions 4:00 Happy Hour 4:00 Happy Hour 4:00 Noodle Ball 4:00 Scarf dancing 3:00 Painting class 4:00 Fun and games 4:00 Patio games 6:30 Evening movie Father's Day 6:30 Evening movie 4:00 Let's play ball 6:30 Evening movie 6:30 Evening movie 6:00 Evening Stroll 29 24 9:30 Daily Chronicle 25 9:30 Daily Chronicle 23 9:30 Daily Chronicle 26 9:30 Daily Chronicle 28 9:30 Morning Music 9:30 Daily Chronicle 9:30 **OUTING TO . . .** 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Snacks & Hydration 10:30 Water aerobics and/or Honeymoon Island 10:30 Water aerobics and/or 11:00 Puzzle me! 1:30 Relaxation Time 11:00 Brain Teasers 11:00 White Board Games 11:00 Trivia poolside fun with Joe and D. poolside fun with Joe 1:30 Zinnia TV 1:30 Relaxation Videos Noon - Live Cooking DEMO 1:30 Relaxation Videos 1:30 Relaxation Videos 2:30 Afternoon snacks 1:30 Relaxation/nail care 2:30 Afternoon snacks 2:30 Afternoon snacks 1:30 FASHION SHOW - L 2:30 Afternoon snacks 2:30 Afternoon snacks 3:00 Nail care 2:00 Afternoon social/snacks 4:00 Happy Hour 3;00 Gardening club 3:00 Sunday Funday Music-L 3:00 Artistic pursuits 2:30 Afternoon snacks 3:00 Creative Expressions 3:00 Arts and crafts 4:00 Noodle Ball 4:00 Scarf dancing 3:00 Music with Mike N. 4:00 Fun and games 4:00 Community connections 6:30 Evening movie 4:00 Happy Hour 6:30 Evening movie 6:30 Evening movie 6:00 Evening Stroll 6:30 Sunday evening movie 6:30 Evening movie 4:00 Let's play ball! 30 9:30 Daily Chronicle Inspirations Activity Calendar 10:30 Snacks & Hydration 11:00 Brain Teasers 1:30 Zinnia TV All activities on Inspirations unless otherwise indicated. All outings off premises. L=lobby area 2:30 Afternoon snacks 3:00 Sunday Funday Music-L All activities are subject to change based on the needs and interests of our residents. 4:00 Noodle Ball

Wednesday

**Thursday** 

Friday

Saturday

Monday

Tuesday

Sunday

6:30 Sunday evening movie